

Forest Hills Easter Summer Camps – 2023

2200 Pettis Ave NE, Ada MI Phone: 493-8830

Register Online at: <https://www.fhehawkcamps.com/>

Grades listed for camps are for the 2023-2024 school year

Girls Basketball

Place: FHE HS Gyms

Jun 12-14 M, T, W

Grades 4-6: 8am-10am

Grades 7-9: 10:30am-12:30pm

Fee: \$60



Boys Basketball

Place: FHE HS Gyms

June 12-14 M, T, W

Grades 1-5: 4:00-6:30 pm

Grades 6-12: 6:45-8:30 pm

Fee \$75



Football

Place: FHE HS Football Stadium

Youth Camp

July 25-27 T, W, T Grades 3-6: 9am-10:30am

Fee \$75



Place: FHE HS Football Stadium

High School Team Camp Grades 9-12

June 12,14,19,28,29 -July 12,13 9am-10:30am

July 25,26,27 6pm-8:00pm

Fee \$100

Place: FHE HS Football Stadium

7th/8th Grade Camp

July 25-27 T, W, T 6:00pm –8:00pm

Fee \$75

Golf Camp

Place: Quail Ridge Golf Club

Grades 2-8 8am -9:30am

June 12-15 M, T, W, T

Fee \$130

Girls Soccer

Place: FHE Stadium

Grades 1-8 9am-10:30am

July 10-11 M, T

Fee \$35



Boys Lacrosse

Place: FHE Stadium

June 20-22 T, W, TH

Grades K-8 9am- 12pm

Fee \$50



Baseball

Place: FHE Baseball Field

Advanced Camp Grades 6-10

June 12,13 M, T 11:30am-1:30pm

Fee \$55

Total Offense/Defense Camp

June 12,13 M, T

Grades 1-5: 9:00am-11:00am

Fee \$55

Pitching/Catching Camp

June 9 F

Grades 1-5: 9am-10:30am

Grades 6-10: 10:45am-12:15pm

Fee \$30



Volleyball

Place: FHE Gymnasium

June 12-14 M, T, W

Grades 9-12 5:30 -8:30pm

Grades 6-8 3:00 – 5:00pm

Fee \$60



Strength & Conditioning

Location: FHE Stadium & Weight Room

Focus driven on athletic development and

open to all HS and MS athletes/programs

HIGH SCHOOL - M, W, TH

June 12- August 10 (no camp week of 7/3)

Grades 9-12

Session 1: Focus driven for football players

6:45am – 8:15 am

Session 2 boys: 8:00 am – 9:15 am

Session 3 girls: 9:00am – 10:15am

Fee: \$140

MIDDLE SCHOOL – M, W, TH

June 12- August 10 (no camp week of 7/3)

Grades 6 -8

Session 4: 10:00 am - 11:00 am

Fee: \$140



Softball

Place: FHE Softball Field

June 24 Saturday

Grades 4, 5, 6 10:00am - 1pm

Fee \$35

Wrestling

Place: FHE Wrestling Room

July 31, Aug 1 & 2 M, T, W

Grades 1-6: 6pm - 7:30 pm

Grades 7- 12: 4pm - 6pm

Fee \$50

Rowing Camp

Place: FHPS Boathouse

June 12-16 M, T, W, TH, F

Grades 6-12 6:00pm-8:00pm

June 19-23 M, T, W, TH, F

Grades 6-12 6:00pm-8:00pm

July 31-Aug 4 M, T, W, TH, F

Grades 6-12 6:00pm-8:00pm

Fee \$100 per session



Field Hockey

Place: FHC–Lower Turf Field

June 19-22 M, T, W, TH

Boys and Girls

Grades 1 – 8 6:00 – 7:00 pm

Grades 9th-12 7:00 – 8:00 pm

Fee: \$65 sign up at www.fhcrangercamps.com



Flying Hawks Pole Vault Clinic

Place: FHE Stadium

Session #1 Starts Sunday June 11

Session #2 Starts Sunday July 9

See camp sign up site for specifics

Grades 7th-12th

Fee: \$130

Michigan's Fastest Track Camp

Place: FHE Stadium

July 31st – Aug 4

Grades 4th-6th 9am – 11:15am

Fee \$100

Cross Country

Place: Long Lake Outdoor Center

Yankee Springs State Park

July 10-14 Overnight

Grades 9th-12th

Fee \$280 includes meals, lodging & extra activities

Place: FHE Stadium

Grades 6th – 8th

Tuesdays starting June 13th – August 1

Fee \$35

Tennis

Place: FHE Tennis Courts

June 13,14,20,23,27,28

Grades 2-5 1:30pm-2:30pm

Grades 6-8 3pm-4:30pm

Fee \$135 6-8, \$90 2-5